

# PHYSICAL EDUCATION

## TERM 2

### TERM 1 HIGHLIGHTS

#### Interschool Sports Highlights

- Tennis: Interschool Champions
- Boys Softball: Interschool Champions – advancing to the next round
- Girls Soccer: Champions – progressing to the next round

A fantastic effort across all teams!

### GRADE 2

Grade 2 students continue to practise and develop their Fundamental Movement Skills (FMS), including throwing and catching, while also building hand-eye coordination through participation in team games.

### GRADE 5

Students are developing their knowledge and skills in athletics, including long jump, triple jump, high jump, shot put, and discus. Students are also building their skills in NFL-style activities, with a focus on throwing and catching.

### PREP

Students will continue developing their Fundamental Motor Skills (FMS), with a specific focus on improving running, vertical jumping, and catching.

### GRADE 3

Grade 3 students continue to practise and develop their Fundamental Movement Skills (FMS), including running, kicking, leaping, and dodging. They are also beginning to learn about athletics, while focusing on developing and refining their attacking and defending skills, which are applied in a variety of minor games.

### GRADE 6

Students are developing their knowledge and skills in athletics, including events such as long jump, triple jump, high jump, shot put, and discus. They are also learning about invasion games such as NFL-style activities, with a focus on developing key skills like throwing and catching.

### GRADE 1

Grade 1 students are continuing to practise and develop their Fundamental Movement Skills (FMS), including throwing and catching. These skills are reinforced through engaging, game-based activities.

### GRADE 4

Grade 4 students continue to practise and develop their Fundamental Movement Skills (FMS), including ball bouncing and punt kicking, while further exploring athletics. Students are also beginning to learn and apply key skills from AFL and basketball, including kicking, handballing, dribbling, and passing, which are developed through a range of engaging, game-based activities.

### UPCOMING EVENTS

- Grade 5 and 6 sport (every Friday morning)
- District Cross Country
- Divisional Cross Country
- Divisional Soccer (girls) tournament.
- Divisional T-Ball (boys) tournament.