



Sam's Fresh Menu 2021

Please take note of set meals for each day.

| <u>LUNCH</u> <u>Monday</u> | <u>LUNCH</u> <u>Tuesday</u> | <u>LUNCH</u> <u>Wednesday</u> | <u>LUNCH</u> <u>Thursday</u> | <u>LUNCH</u> <u>Friday</u> |
|--|---|--|--|---|
| Gnocchi \$5.50 Zucchini slice and salad \$5.50 Chicken noodles \$4.00 Dim sims \$1.30 | Chicken Burger with mayonnaise and lettuce \$5.50 Meatball Sub \$5.00 Dim sims \$1.30 Chicken noodles \$4.00 | Potato Rosti and salad Chicken Tenders and salad \$5.50 Chicken noodles \$4.00 Dim sims \$1.30 | Ham & pineapple pizza or vegetarian pizza \$5.50 Spaghetti Bolognese with cheese \$5.50 Dim sims \$1.30 Chicken noodles \$4.00 | Lamb Souvlaki \$6.00 Homemade sausage rolls \$5.50 Dim sims \$1.30 Chicken noodles \$4.00 |

**AVAILABLE EVERY DAY FOR
LUNCH SANDWICH'S**

Vegemite \$2.50 Roll \$3.00
Jam \$2.50 Roll \$3.00
Egg \$2.50 Roll \$3.00
Cheese \$2.50 Roll \$3.00
Ham \$3.00 Roll \$3.50
Chicken \$3.50 Roll \$4.00
Ham and cheese Toasty \$3.50
Extras: E.g. Cheese, lettuce, cucumber or
Tomato \$0.50c

WRAPS

Chicken, cheese and lettuce \$5.50
Ham, tomato and lettuce \$5.00
Egg and lettuce \$4.00
Salad Tub \$4.00
Lettuce, Tomato, cucumber, carrot and
cheese

Sorks and spoons 10c
Sauce 20c
Lunch order bags 20c

DRINKS

Water \$2.00
Big M - Chocolate or Strawberry \$2.50
Juice Box - \$2.50
Glee fizzy fruit juice \$3.00

SNACKS

Seasonal Fruit \$1.00 Jelly 50c
Carrot, Celery and cheese stick cups with
crackers \$2.00
Snack packs \$2.00
Crackers \$1.00 chicken or BBQ
Cupcakes \$1.00
Cookies 50c
Popcorn: \$2.00
Variety of hot food available at snack time
(prices range from (\$1.50 to \$3.00))
Ice creams available **at lunch time only**
(prices range from (\$1.00 to \$2.00))